



#worldhealthinnovationsummit

AGENDA

WHIS Fylde Coast

“Empowering Communities to Thrive

Friday 16th March, 2018

HorseShoe & Pavilion, Winter Gardens – Blackpool

08:00 Registration			
09:00 Introduction & opening speeches – Linda Vernon, Co-host of World Health Innovation Summit			
Pavilion Stage	Workshop zone	Story zone	Tranquil zone

<p>09:15 Liz Ashall-Payne @OrchaUK Your health app Finder! Technology is playing an increasing role in all our lives. The public is using health apps to improve fitness levels, manage complex conditions and to motivate and sustain behaviour change. Clinicians & care providers are increasingly 'prescribing' apps as an integral part of the service they offer. But, whilst Mobile apps offer the promise of connecting millions of patient to immediate care, they also present risks & security vulnerabilities in a chaotic confusing landscape. We have the solution! Come and listen to our vision, thoughts and journey to date</p>	<p>09:15 Matt Gibbs @nordicpreston Inspire from Within - a healthy, happy workforce is what we want so that we have a great place to work and we meet our business and financial objectives to support the business growth and purpose. How does a business change from a reactive wellbeing policy to a proactive preventative policy that weeds out the rot and inspires motivated, healthy and hard-working people to be knocking down the door to get a place at your table ? It's never just one thing. It's a holistic approach and requires management to create the conditions for this. Come and find out how to discover your champions already from within your organisation.</p>	<p>09:15 Joanna Wagstaff - McGuire programme My life! A personal talk about how I felt before the McGuire Programme "Beyond Stuttering" and how the programme changed my life for the better</p>	<p>09:15 Richmond House Yoga taster session</p>
<p>09:45 John Joyce @john1827joyce The story behind CookerySoS, how to use fresh food/systems & a positive mind to move forward against the backdrop of time management and digital voice activation with the Amazon Alexa.</p>	<p>10:00 Claire Walsh of Headstart @HSBLACKPOOL #JoinTheResilienceRevolution Talk: Blackpool's Resilience Revolution, telling the story of Blackpool past and present and what is happening in the resilience revolution.</p>	<p>09:45 TBC</p>	<p>09:45 Richmond House Meditation taster session</p>
<p>10:15 Joan Pons Laplana @RoaringNurse With the right environment anyone can be a leader. My talk is about how people can start in believing in themselves and starting to pursue their dreams.</p>		<p>10:15 David McLoughlin @opencinemalancs The Metamorphosis Story: a grass roots organisation that sets people on the path towards having what the government considers a pre-requisite for recovery from addiction 'something to do and the ability to form positive</p>	<p>10:15 Paul O'Sheanachain @GoGetYouUK Tai Chi taster session</p>

		relationships'. Our flagship project Open Cinema Lancashire is a volunteer-led social action project (community cinema) for people with complex issues, such as addiction combined with mental health problem. Through community cinema we provide a positive & purposeful activity, improving integration, building a sense of belonging & involvement and for people in or seeking recovery we provide an opportunity to develop a resilience to change their unhealthy behaviours and turn their back on the past.	
10:45 Dr. Joe Delaney  @DrJoeDelaney 'No such thing as a hopeless case'	11:00 Wendy Lewis-Cordwell  @WLewisCordwell Dealing with grief in the Digital Age	10:45 Tony Lee  @TayoTony Personal story of life as a recovering addict and supporting others in their recovery journey	10:45 Richmond House The Power of Sound taster session
11:15 Hannah Chamberlain  @mentalsnapp "Mental Snapp and active mental health - what the future holds" The origins of the philosophy behind Mental Snapp, people driven health and how we can together change the conversation around mental health, from what you can't do, to what you can.		11:15 Joan Pons Laplana  @RoaringNurse A whistle-stop tour on the power of social media in the transformation of healthcare	11:15 TBC
11:45 Sir Andrew Parmley Lord Mayor of London 2016-2017, who grew up in Blackpool, shares his thoughts on the future of the town and its surrounding area	11:30 Roger Davies Human movement: an ancestral perspective. This workshop looks at what we know from studying modern hunter-gatherer societies, and our best estimates from fossil records, written accounts, etc, and compares how the variety, frequency and intensity of movement of our ancestors stacks up to that of modern humans.	11:30 Sioelan Tjoa When Healthcare is at its best, that is like what? In this workshop we will explore our personal metaphors and ingredients for when healthcare for us, is at its best. This is an interactive group session. Using Clean Language questions we will explore and share our metaphors and what these mean to us. This can create a personal resource that we can use to get the best from our experience of healthcare. Outputs: You will know (and we will invite you to draw or write), your own personal metaphor for Healthcare at its best. Drawings and word representations of these will be used to form a collage to share experiences and galleried over the two days of the conference.	11:45 TBC
12:15 Natasha Liddle  @WiganWarblers The story of developing a community choir to help cope with Chronic Obstructive Pulmonary Disease			

12:30 Lunchtime Performance

13:30 TBC	13:30	13:30	13:30
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<p>13:45 Chris Chinnock @NurtureDev</p> <p>In pursuit of a good life: beyond prescriptions, referrals and activities. Asset Based Community Development</p>	<p>Dr Penny Foulds @DefyDementiaLU</p> <p>How to reduce your risk of dementia - The science behind the Headlines</p>	<p>Dr Art O'Malley @OMalley_Art</p> <p>Patient sharing the impact of Sensorimotor Focused EMDR for Psychotherapy and Peak Performance on wellbeing</p>	<p>Richmond House Reiki for self-care taster session</p>
<p>14:15 Martin Brown @ChangeTalksCIC</p> <p>"Who Am I?", I will share my story of how life events lead to depression and loss of self esteem, my mental health recovery, and returning to become a World Champion in Powerlifting.</p>	<p>14:00 David Dickinson @daviddickinson</p> <p>"Context is king: societal informatics and the criticality of meaning-making'. Guided by WHIS Chair Dr Amir Hannan, David has taken the research on wellbeing and salutogenesis and his experience of responsible medical records sharing, marrying this with his many years of research into personal information navigation and meaning making. David will share some of this background as a key strategy in empowering communities to thrive.</p>	<p>14:30 Phil Escott @phil_escott</p> <p>Reversing autoimmunity by fixing ancestral disconnects – circadian cycles, diet, emotions, lifestyle and environment</p>	<p>14:00 TBC</p> <p>14:30 Richmond House Meditation taster session</p>
<p>14:45 Kay Johnson @larderlancs</p> <p>How to Fix the Food System. I will be highlighting the problems we face on a global level and will look at how they can be tackled locally and by providing opportunities for individuals to take control and create the change they want to see happen</p>			<p>15:00 TBC</p>
<p>15:15 Prof Niall Hayes & Dr Marcia Tavares Smith @MobileAgeEU</p> <p>We will present Mobile Age, the research project we are conducting in South Lakeland, Cumbria. We will explain our experience of co-creating mobile apps with older adults with the objective to reduce social isolation and loneliness. We share our learning so far and demonstrate the apps that were developed in the project.</p>	<p>15:30 Chris Chinnock @NurtureDev</p> <p>Asset-Based Community Development workshop</p>	<p>15:30 Duncan Knightly</p> <p>Campaign to change physiology language, to simple terms and words that people with mental health issues can understand, making help and change to their situation seem more achievable. "Bring Clear Choices And Compassion To Therapy"</p>	<p>15:30 Richmond House Energy healing taster session</p>
<p>15:45 Dawn Vickers & Dance Syndrome @dancesyndrome</p>			<p>16:00 TBC</p>

Inclusion and disability, demonstrating how the arts impact on health and well-being, together with communication and leadership.			
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16:15 Closing Remarks
16:30 CLOSE

*Subject to change



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